

## Free help to keep warm and cosy this winter

The free energy and money saving advice service, LEAP (Local Energy Advice Partnership), is back to help people in Brighton & Hove who are struggling to keep warm at home.

LEAP's local, friendly energy advisor can:

- help find a **cheaper energy deal**
- fit **free energy saving kit** in the home (such as lightbulbs and draught-proofing)
- check if a household is eligible for **insulation or a new boiler**
- give **practical advice** on heating systems and saving energy
- arrange a **free money advice consultation** to help with benefits, debt and other money problems

Eligibility criteria for LEAP is very broad and the service is available to homeowners, private renters and social housing tenants. Referring someone is quick and easy and LEAP also accepts self-referrals.

To book a free energy advice phone call for yourself or someone else:

- Call free on: **0800 060 7567**
- Apply online at: [www.applyforleap.org.uk](http://www.applyforleap.org.uk)

Heating your home to at least 18°C (65°F) is important for your health and immune system, especially for people with reduced mobility, who are 65 or over, or have an existing health condition such as heart or lung disease.

*LEAP is working in partnership with Brighton & Hove City Council and is nationally funded by a legal obligation on larger energy suppliers to support people at risk of fuel poverty.*

