

XANAX

ru-ok? Under 18s Substance Use Service is hearing and seeing some worrying cases of young people taking Xanax and other benzodiazepines (benzos) such as Valium. It's not always clear why this "medicine" is so risky. Here are some facts:

Xanax is 20 times stronger than most tranquillisers so there's a high risk of overdose.

Xanax is illegal to possess or supply.

Xanax is more dangerous if mixed with alcohol or other depressant drugs.

Xanax is not prescribed by the NHS.

Xanax is highly addictive and coming off it can lead to serious health issues.

Many people say they've done things on Xanax they can't remember later.

If you are worried about your substance use, or about any young person's use (under 18), you can contact ru-ok? on 01273 293966 for confidential support and advice. Opening Hours 9-5 Mon to Thu, 9-4:30 on Fri